

# MONTGOMERY MT Breeze

PUBLISHED BY THE MOUNTAIN BREEZE STAFF

**AUGUST 1ST IS DUE DATE FOR 1ST QUARTER REAL ESTATE TAXES.**

## Summertime tips from the Montgomery Fire Dept.

Summer is here!! Be safe with all your grilling and outdoor activities.

### It is hot out there!

Remember to stay hydrated and drink lots of water. Call 911 at the first signs of heat exhaustion especially with our seniors and younger children.

Avoid the outdoors in extreme heat if possible.

### Burn First Aid

- Stop, Drop, and Roll to extinguish a clothing fire.



154 Main Road  
Montgomery, MA

Office: (413) 862-4505  
Fax: (413) 862-4505  
wsservice@nutmegtrucks.com

- Cool a burn. For minor burns, run cool water over the burn immediately.
- Seek emergency medical help immediately for more serious burns. Call 9-1-1.
- Use sunscreen to avoid sunburn.

### Scholarship Recipients

Congratulations to Megan Wright and Dawson Atkin on receiving the First Annual Chief Stephen P Frye Memorial Scholarship Award.

### Memorial Day Thanks

Memorial Day was a success due to the many volunteers who helped set up, take down, and participated, especially our fire department. I'd love to see MORE neighbors but special thanks to Jillianne Jacques for her Master of Ceremony duties, readers Dan Jacques, Lucy Pitoniak and Sean Kingsley. Special thanks to Mindy Kingsley for letting us know that we have "heros" among our own town residents.

Thank you also to those who donated toward the purchase of grinders, and for the donations of chips and drinks – the band members were well fed and appreciated every bite! There were some drinks left over – those have been donated to the fire department and to the library for the Summer Reading Program.

Again, thanks to all who helped and to Hazel for the good weather.

## Police Department News

The licensing system still has a few glitches most having to do with fingerprint cards not being found and the fact that our "paper licenses" are missing from the Commonwealth's computer system. Those have been slowing down the renewal process.

Six weeks before you need to renew – please send me your name & address by e-mail to [police@montgomeryma.gov](mailto:police@montgomeryma.gov), or leave a message at my home phone 862-4949 and when I have office hours I will forward your current license information from the file in the Town Hall so a renewal can be done from that current license.

When you come to do your renewal or new application - DO NOT bring a picture - one will be taken and uploaded directly into the computer.

**“Do what we can,  
summer will have its flies.”**

Ralph Waldo Emerson

### SCHOOL COMMITTEE MEMBER STILL NEEDED

Montgomery is currently represented by only one school committee member, and a second person is needed to complete a term that is set to expire in 2019.

Please contact Jane Thielen or Dan Jacques for further information.

# Important numbers

FIRE EMERGENCY 911  
 AMBULANCE 911  
 STATE POLICE 911  
 HIGHWAY DEPARTMENT 862-4037

GATEWAY HIGH SCHOOL 685-1102  
 GATEWAY MIDDLE SCHOOL 685-1202  
 GMS ATTENDANCE 685-1201  
 LITTLEVILLE ELEMENTARY 685-1301

TOWN HALL OFFICE 862-3386  
 townhall@montgomeryma.gov  
 Administrative Secretary Hours, Tuesdays  
 & Thursdays from 10 a.m. to 4 p.m.

FIRE DEPT: 862-4505  
 DEPUTY FIRE CHIEF - CHRIS GALIPEAU  
 862-4599

TOWN CLERK - JUDY MURPHY 862-4478

POLICE DEPT:  
 ADMINISTRATIVE POLICE CHIEF -  
 PAULA CHAPMAN 862-4949

TAX COLLECTOR - JANE THIELEN 862-3386

ANIMAL CONTROL OFFICER -  
 PHIL CAMP 862-4976

SELECT BOARD:  
 DAN JACQUES 862-9001  
 WAYNE MORSE 862-4023  
 JACOB CHAPMAN 862-4949  
 Meetings for the Select Board are held at  
 7:00 p.m. every other Thursday.

SCHOOL COMMITTEE:  
 MADELYN AUSTIN 862-4004  
 mrrrr@verizon.net

LIBRARY:  
 LIBRARIAN - PAULA LONG 862-3894  
 montgomerylibrary@yahoo.com

HOURS: Tuesday 10:00 a.m.-5:30 p.m.  
 Thursday 4:00 p.m.-8:00 p.m.  
 Saturday 9:30 a.m.-12:30 p.m.

BOARD OF ASSESSORS:  
 Meetings of the Board of Assessors are held  
 on the 1st & 3rd Wednesday of each month  
 from 8:00 p.m.-9:30 p.m. Please call 862-3386  
 for an appointment. Assessors' Clerk  
 hours 1st & 3rd Wednesdays of each month  
 from Noon - 4 p.m.

State Senator Don Humason:  
 64 Noble St., Westfield, MA 01085  
 (413) 568-1366  
 Donald.Humason@masenate.gov

State Representative Peter V. Kocot:  
 Rep.PeterKocot@hou.state.ma.us  
 (413) 582-6111

# July Calendar

July 4 Fouth of July  
 July 6 9:30 -11:00 am - Osteoporosis Exercise - Town Hall  
 July 10 Recycling day  
 July 10 10:00 am - COA Coffee Hour - Town Hall  
 July 11 6:30 pm - Yoga - Town Hall  
 July 11 7:30 pm - GRSD School Committee Meeting - GRSD Mid-  
 dle School Rm 112/114  
 July 12 7:30 pm - Selectboard Meeting - Town Hall  
 July 13 9:30 -11:00 am - Osteoporosis Exercise - Town Hall  
 July 18 6:30 pm - Yoga - Town Hall  
 July 20 9:30 -11:00 am - Osteoporosis Exercise - Town Hall  
 July 20 1:00 pm - COA - Lady Bea Boat Cruise - Brunell's Marina  
 July 24 10:00 am - COA Coffee Hour with Michele Ellicks - Town  
 Hall  
 July 24 Recycling day  
 July 25 6:30 pm - Yoga - Town Hall  
 July 26 7:30 pm - Selectboard Meeting - Town Hall  
 July 27 9:30 -11:00 am - Osteoporosis Exercise - Town Hall

# August Calendar

Aug. 1 6:30 pm - Yoga - Town Hall  
 Aug. 3 9:30 -11:00 am - Osteoporosis Exercise - Town Hall  
 Aug. 7 Recycling day  
 Aug. 8 6:30 pm - Yoga - Town Hall  
 Aug. 9 7:30 pm - Selectboard Meeting - Town Hall  
 Aug. 10 9:30 -11:00 am - Osteoporosis Exercise - Town Hall  
 Aug. 14 10:00 am - COA Coffee Hour - Town Hall  
 Aug. 15 6:30 pm - Yoga - Town Hall  
 Aug. 17 9:30 -11:00 am - Osteoporosis Exercise - Town Hall  
 Aug. 21 Recycling day  
 Aug. 22 6:30 pm - Yoga - Town Hall  
 Aug. 22 7:30 pm - GRSD School Committee Meeting - GRSD Mid-  
 dle School Rm 112/114  
 Aug. 23 7:00 pm - Selectboard Meeting - Town Hall  
 Aug. 22 6:30 pm - Yoga - Town Hall  
 Aug. 24 9:30 -11:00 am - Osteoporosis Exercise - Town Hall  
 Aug. 29 9:30 -11:00 am - Osteoporosis Exercise - Town Hall  
 Aug. 30 7:30 pm - Selectboard Meeting - Town Hall

## MOUNTAIN BREEZE AD POLICY

Montgomery resident ads: \$3.50 for ¼ page, \$7.00 for ½ page, \$10.50 for ¾  
 page and \$14.00 for a full page.

Non-resident ads: \$5.00 for ¼ page, \$10.00 for ½ page, \$15.00 for ¾ page  
 and \$20.00 for a full page.

Political ads: \$15.00 for ½ page and \$30.00 for a full page. (Political ads  
 must include the name of the payer.)

Ads: email (preferably pdf file) to montgomerymtbreeze@gmail.com, put  
 in the MB box at the Library, or mail to: **Montgomery Mountain Breeze,**  
**c/o Grace Hall Memorial Library, 161 Main Road, Montgomery, MA**  
**01085-9525.** Include your name and phone number. Payment must be re-  
 ceived by deadline date (usually on the 16th of the month) or ad will not  
 be run. No cash, please; make check payable to Montgomery Mountain  
 Breeze and put in the MB box at the Library, or mail to above address.

# The Grille is *the place* to meet your neighbors!

46 Main Rd, Montgomery, MA • 862- (FOOD) 3663 Closed Mondays & Tuesdays

## HOMEMADE HASH – N - EGGS

7.95

**Corned Beef Hash** A slow cooked slab of red corned beef shredded up and integrated with special spices and blended together with red bliss potatoes and cooked till it's nice and crisp.

**Spicy Chorizo Hash** – Our own homemade Mexican chorizo blended with red bliss potatoes to create a hash that might make your head sweat

**Portuguese Hash** – Our own home-made smoked linguica, sweet peppers, and onions integrated with red bliss potatoes

**Sausage Hash** – just a good ole crispy hash that makes your mouth water

## HOT CAKES AND FRENCH TOAST

**Tall Stack** – Three golden buttermilk pancakes served with warm maple syrup

5.95

**Blueberry Pancakes** – Three buttermilk pancakes loaded with big tasty blueberries

6.95

**Cranberry Pancakes** – Three buttermilk pancakes filled with whole cranberries and topped with chopped nuts and powdered sugar. Served with our own cranberry butter and warmed syrup

7.95

**Short Stacks** – Two Blueberry or Cranberry pancakes

5.95

2 buttermilk pancakes

4.95

**Chocolate Chip Pancakes** – Two buttermilk pancakes filled with chocolate chips

5.50

Add whipped cream and chocolate sauce

5.95

**Portuguese French toast** – made with thick slices of Portuguese Sweet Bread

5.95

**French Toast** – two pieces

4.95

Three pieces

5.95

Cinnamon or Traditional

## Hours:

**Wednesday, Thursday, Friday:**  
5:30 am to 2:30 pm

**Saturday and Sunday:**  
6:00 am to 2:30 pm  
Lunch starts 11:00 am



AT THE MONTGOMERY MARKETPLACE

## BREAKFAST Menu

### BREAKFAST BURRITOS SCRAMBLES, OMELETS\*

\$6.95

choice of three items below  
additional items for .70 each

Jalapeños Cilantro Ham

Sausage Bacon Potatoes

Onions Peppers

Cheddar jack or American cheese

(our Chorizo or Linguice)

Black Olives Mushrooms Spinach

Tomatoes Homemade salsa

*\*Above get one breakfast side*

### EGGS BENEDICTS \$6.95

(Add home fries only .95)

**American Benne** – poached eggs and hollandaise sauce with American ham instead of Canadian ham)

**Irish Benne** – Homemade corned beef hash on an English muffin two

poached eggs and hollandaise sauce

**Hilltown Benne** – cornbread topped with sausage two eggs and hollandaise sauce

**Portuguese Benne** – Portuguese sweet bread topped with homemade linguica, two over easy eggs, and hollandaise sauce

**Florentine Benne** – Toasted English muffin topped with sautéed spinach, garlic dash, tomato slices, two

poached eggs, and hollandaise sauce

**Southern Benne** – Two buttermilk biscuits topped with bacon, two over easy, and hollandaise sauce

## EGGS – N – SUCH\*

**Small Breakfast** – Two eggs any style, a breakfast side dish, and toast

4.95

**Meat – N – Eggs** – Two eggs any style with your choice of Ham, Bacon, Sausage, homemade Mexican chorizo, or homemade linguica a breakfast side dish and toast

5.95

**Big Breakfast** – Meat and eggs breakfast with two buttermilk pancakes

7.50

*\*Above come with toast and a breakfast side dish*

## BREAKFAST SIDE DISHES

(Home Fries, Baked beans, Fruit Cup, Cottage Cheese, or Salsa)

## BREAKFAST SANDWICH

2.95

on English or toast on a Portuguese sweet bread muffin

3.45

## SPECIALTY BREAKFASTS

**2 - 2 - 2** – Two eggs, two pieces of bacon or sausage, and two buttermilk pancakes

5.95

**Breakfast Tacos** – Two eggs scrambled up with (ham, sausage, linguica, or chorizo) and cheese in a couple of flour tortillas a side of salsa and one breakfast side dish

5.95

**Big Portuguese Sandwich** – home-made linguica, sweet peppers, two eggs, and jack cheese on a sweet bread muffin and a breakfast side

5.95

**Huevous Rancheros** – Our home-made Mexican chorizo grilled up with potatoes and melted cheese, two over easy eggs served with salsa and two flour tortillas so you can eat it Mexican style

7.95

**Scotty Style Big Breakfast** – Biscuits and gravy, two over easy, home fries and two bacon slices

7.95

**Biscuits and Gravy** –

3.95

add two eggs

5.95

Lunch menu on other side.

46 Main Rd, Montgomery, MA • 862- (FOOD) 3663 Closed Mondays & Tuesdays

**CHICKEN SANDWICHES\* 6.95**

**Grilled Chicken Breast Sandwich** – Regular, BBQ, Buffalo, or Teriyaki with lettuce and tomato on a toasted roll  
**\*Chicken Cordon Blue** – grilled chicken breast, sliced ham, cheese, honey mustard, lettuce, and tomato on a toasted roll

**SPECIALTY WRAPS\* \$6.95**

**Teriyaki Chicken Wrap** – grilled chicken, rice, tomato, chopped lettuce, and jack cheese all intergrated with teriyaki sauce

**Pilgrim Wrap** – turkey, cran mayo, stuffing

**Buffalo Chicken Wrap** – chopped lettuce, diced tomatoes and blue cheese dressing

**SANDWICHES\***

**Cold Sandwiches** – create your own! ham, turkey, tuna, or chicken salad and your choice of extras **5.95**

**BLT** – with mayo on toast **5.95**

**Tuna Melt** – white meat tuna on thick grilled bread, tomato and melted cheese **6.95**

**Patty Melt** – all beef patty served with grilled onions on thick grilled bread **6.95**

**Grilled Ham or Turkey and Cheese** – nice lean turkey or ham on your choice of grilled bread with melted swiss cheese **5.95**

**Club Sandwich** – choice of burger, turkey, or ham lettuce, tomato, fresh bacon, and mayo on toast **6.95**

**Grilled Cheese** – **2.95**  
add Tomato **.35**  
add Bacon **.75**

**Ruben** – thousand island dressing, sour kraut, and cheese Turkey **6.95**  
Corned beef **7.95**

**BURGERS\***

**Classic Burger** – with lettuce and tomato **5.95**  
add cheese **.50**

**Specialty Burgers** – **6.95**  
Bacon Cheese or Mushroom Cheese  
BBQ burger with grilled onions



AT THE MONTGOMERY MARKETPLACE

**LUNCH Menu**

**HOT DOGS\***

Single dog **2.95** Double dogs **4.95**

Specialty Dogs single **3.95**

Double **5.95**

Chili Cheese Dog - Bacon Cheese Dog  
- Kraut Dog

*\*Sandwiches, Wraps, Burgers, and  
Hot Dogs all come with regular  
potato chips Add fries \$1.00*

**APPETIZERS**

**Chicken Fingers** – **4.95**

**Nachos** – with salsa and sour cream **4.95**

**Nacho Supreme** – beef or chicken, diced tomatoes, black olives, fresh jalapenos, salsa and sour cream on the side **6.95**

**Cheesy Fries** – **2.95**

Chili Cheese Fries **4.95**

**SALADS**

*Ask if there are any salad specials*

**Garden Salad** – **4.95**

add grilled chicken, tuna salad, or chicken salad **6.95**

**Taco Salad** – crisp lettuce, seasoned beef or chicken, jack cheese, black olives, diced tomatoes, in a crisp tortilla shell and sides of sour cream and salsa **6.95**

**SOUPS AND CHILI**

Cup **2.50**; Bowl **3.50**

**MEXICAN**

**Smothered Burrito** – **6.95**  
melted cheddar jack cheese on top of a burrito filled with rice black beans and choice of beef, chicken, or grilled veggies; add Chipolte or BBQ if you like; smothered with red or green sauce

**Enchiladas** – corn tortillas with beef, chicken, black beans, or veggies jack cheese red or green enchilada sauce **6.95**

**White Enchiladas** – flour tortillas with beef chicken, black beans or grilled veggies sour cream and melted jack cheese on top **6.95**

**Grilled Chicken Fajita Tacos** – two soft tacos filled with grilled chicken, peppers, onions, jack cheese with shredded lettuce sour cream and salsa on the side **5.95**

**Fish Tacos** – white fish lettuce, tomatoes, salsa, baja sauce - corn or flour tortillas **7.95**

**Tacos** – (2) Soft or (3) Crispy **5.95**

**Quesadilla** – jack cheese and jalapenos **5.95**

Add Beef, Chicken, or Grilled Veggies **6.95**

**SPECIALTY BURRITOS – 6.95**

**Beef Burrito** – taco beef, sour cream, chopped lettuce, diced tomato, cheddar jack cheese

**Chicken Fajita Burrito** – grilled sweet peppers, onions, white meat chicken, lettuce, tomato, sour cream, and jack cheese. Want it crispy have it grilled

**Fish Burrito** – Grilled white fish, chopped lettuce, diced tomatoes, black beans, salsa, jack cheese, and baja sauce

**Veggie Burrito** – grilled peppers, onions, tomatoes, black beans, rice, salsa, lettuce, tomato, sour cream, and cheddar jack

**Hours:**  
**Wednesday, Thursday, Friday:**  
**5:30 am to 2:30 pm**

**Saturday and Sunday:**  
**6:00 am to 2:30 pm**  
**Lunch starts 11:00 am**





## Outside the bird feeder with Lori Conley

### What Can We Do for Birds in Summer?

In some parts of the country, summer can be quite dry. With global climate change, droughts are becoming more frequent. Natural sources of water have dried up. Creeks run low or underground. Rain is scarce, and temporary puddles are gone. And birds need water – to bathe and to drink.

A clean bath with sloping sides is a great way to start. Be sure to hose it out every day, otherwise the water will become stale and dirty, and mosquitoes may lay their eggs. OK, it's a fact: birds poop in their baths. And a robin taking a bath can splash out half the water in one go. On a hot day, you may find yourself on hose patrol, but the birds will love you for it.

If you have the time and inclination, go one step further and offer two or three birdbaths. Larger birds need deeper baths, which might pose a danger to small birds. An inch of water – or even less – is ideal for small birds. A wide, shallow birdbath that deepens a bit in the center will suit a broad range of birds. And some birds like to bathe closer to the ground. Certain shy birds will visit a birdbath set flat on the ground, but may shun a birdbath on a pedestal. (Just keep an eye out for cats! When a bird is refreshing itself in the spa, it's an easy mark for a cat.)

Want to really spoil your birds? Put out a mister, and

watch the smaller birds – including chickadees, nuthatches, warblers, and especially hummingbirds – flit in and out. [Listen to A Magical Warbler Moment and You Need a Mister!] That's your special treat for extending a hand to these tiny creatures.

We often call the solstice "Midsummer," but it's actually only the beginning. August 1st is – strictly speaking – Midsummer. So what's going on in the bird world now? Many birds – wrens, robins, and others – may raise more than one brood in a breeding season. Depending on what part of the country you call home, your local birds may still be feeding fledglings, or those young ones might be completely independent by now.

This is the time of year when a lot of birds begin to look shabby. Crows are missing feathers, and male Mallards look almost like females. Northern Cardinals and Blue Jays can be positively bald!

Happily, many migratory birds will remain for a while longer. So what's the best time of day to look for them? Generally, songbirds are most active in the early morning, taking advantage of the abundance of insects at that hour. Mid-day heat sends people inside, and birds take a siesta, too. And then, both birds and bugs rev up again in the late afternoon. You'll see hummingbirds throughout the day – they must feed constantly to maintain that speedy metabolism. Gulls and those opportunistic crows stay busy, too.

[www.birdnote.org](http://www.birdnote.org)

## Recycling guidelines to prevent contamination surcharge

When non-recyclable items (contamination) end up in your recycling loads, they have the potential to turn the entire load into trash and increase processing costs resulting in contamination and/or additional service charges.



**IMPORTANT:** Moving forward you may be assessed contamination charges of up to \$175 per ton and/or increased processing fees for excess contamination found in your loads.\*

Please join us in the battle against contamination and make sure when your recycling loads are delivered to one of Waste Management's transfer stations or a Material Recovery Facility (MRF) they are free of contaminants and follow the recycling do's and don'ts.

Recycling Do's	Recycling Don'ts
Do recycle all empty bottles, cans, paper and cardboard.	Don't bag your recyclables. Plastic bags and film get tangled in the machinery.
Do keep foods and liquids out of recycling.	Don't include food-soiled items - they can turn an entire load of recycling into trash.
Do keep plastic bags out of recycling.	Don't add sharp or dangerous materials like needles and electronics - they can cause injury to our workers.
	Don't toss in "tanglers" like rubber hoses and wires - they can shut down an entire recycling center!
	Don't include bulky items like propane tanks or construction debris.

For additional tools on recycling right and the do's and don'ts of recycling, visit [www.recycleoftenrecycleright.com](http://www.recycleoftenrecycleright.com).

\* Charges and fees will be assessed in accordance with contract terms and conditions where applicable.

# Avoid planting these non-native invasive plant species

Avoid planting invasive plant species. Non- native plants species introduced to areas across North

America can pose significant threats to an ecosystem. We can witness the purple loosestrife taking over the areas along the interstate, crowding out the native plants, such as cattails.

**GardenNews**  
by Chris Brown



The following are some of the common invasive species:

Garlic mustard  
Yellow rocket  
Bermuda grass  
Cotton thistle  
Kudzu

Mayweed  
Australian pine  
Ground Ivy  
Purple loosestrife  
Oriental bittersweet

Norway maple  
Oxeye daisy  
Chinese privet  
English Ivy  
Autumn olive

## SWEET & SOUR SPINACH SALAD

Thank you again to Jeanne Aras for the latest recipes.

1 pkg spinach	5 to 8 slices bacon (more if you like bacon)
1/4 cup vinegar	1 cup sugar
1/3 cup water	2 - 3 hard cooked eggs - chopped or sliced

Fry bacon and save the grease. Add to the grease, the vinegar, sugar and water. Bring to a boil. Pour over spinach. Crumple bacon and add, along with the eggs, into the salad. Serve immediately.

## TOMATO JAM

A recipe for all those extra tomatoes.....

6 lbs tomatoes	4 cups sugar	3 " cinnamon stick	1" piece of fresh ginger, peeled
1 orange			

(You can adjust the sweetness to your -own taste. If it too sweet then squeeze in some lemon juice...or add more tomatoes to make it right for your taste.) Chop orange and ginger into small pieces, then puree the entire orange and ginger in a food processor. Add all ingredients to a stainless pot and cook over medium heat until it thickens and turns a deep red color. Store in refrigerator for up to 2 weeks or can preserve according to manufacturing instructions.

JULY/AUGUST RECIPES



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# Historical Building open house events Aug. 4 and Sept. 29

On a recent gloomy Saturday, committee members from your Montgomery Historical Society tackled some "housecleaning" chores at the Historical Building (former Town Hall) to prepare for upcoming Open House events on August 4 and September 29. Additional spruce-up is to be done at a later date. Our attempts to free up the Time Capsule cemented into place some 25+ years ago were not yet successful – heavier tools will be needed to break up the cement. Many thanks to Dan for trying (again!) to chip away the cement encasement!

At the two Open Houses hosted by your Historical Society – Saturdays, August 4 and September 29, between the hours of 9:30 a.m. and 12:30 p.m., townspeople and local friends will have the opportunity to visit the Historical Building and view "treasures" from our past contributed over the years by Historical Society members, original Montgomery families, and people far and near with an interest in preserving the past of our little town and of our culture and society in general. There are many copies of photos from the late 1800's and early 1900's on display,

## Historical Happenings



showing life as it used to be in Montgomery. Most items are identified, but we do have some puzzling items that we'd love to identify, too! Please be sure to stop in on one of those dates for a visit! You and especially the young ones may discover

something they've not seen before!

Also, if you are in possession of any historical papers or photos that you'd like to share for the archives at the Historical Building, we have a scanner that will download these photos and documents onto computer while-you-wait. Please consider bringing them to the Open House for scanning, which will still allow you to keep the originals for yourself.

There is a field trip tentatively planned for September 15 to visit Hancock Shaker Village outside of Pittsfield, MA. If interested, please call Laurie at 862-8095. There is a possibility we may need to change the date, so it is important to let us know if you have interest. More information will follow in the September issue of the Mountain Breeze!

*At the Grace Hall Memorial Library of Montgomery, there stands a wooden display case donated by Helen Allyn and the late Susan Allyn for exhibiting collections and items from our past, both of Montgomery and the wider region. Recently, we have also displayed more modern but nevertheless interesting items/collections loaned by local people and friends of the Montgomery Historical Society. Your participation is welcome in this sharing of our resources with a wider audience. Please call Laurie at 862-8095 if you can offer some items to display in the case in the future.*

*The new display in the case as of Saturday, the 23rd is titled, "Setting the Table – a collection of napkin rings" loaned by a Historical Society member from Westfield. Please be sure to stop in at the library to utilize its services, and while there, take a look at these items not so widely used in our day, but definitely a glimpse of the past! The current exhibit will be there until early July – hope you enjoy it!*

View the current and back issues of the Montgomery MT Breeze at the Town of Montgomery website:  
**montgomeryma.gov**

**Paula L. Chapman**  
Administrative Chief of Police for the Town of Montgomery  
**OFFICE HOURS: 6:30 pm to 7:45 pm**

<b>July 12</b>	<b>August 9</b>
<b>July 26</b>	<b>August 30</b>

**MOUNTAIN BREEZE STAFF**

Editor: T.Lak 413-237-2818

Helen Allyn \* Chris Brown \* Laurie Flechsig \*  
Paula Long \* Julie Pike \* Jane Thielen

**montgomerymtbreeze@gmail.com**

**JULY BIRTHDAYS:**

Richard Allard  
Michael Cinelli  
Richard Clark  
Kiera Coon  
Martha Hoynoski  
Beulah Kidrick  
Ryan Leveille  
Nancy Madru  
Nicholas Moses  
Jared Senatore  
Megan Staniszewski

**JULY ANNIVERSARIES**

Chris & Wayne Brown  
Sandi & Tom Gil  
Donna & Bill Hughes  
Mary & Paul Senatore

**AUGUST BIRTHDAYS:**

Jennifer Aras  
Christian Galipeau  
Lynn Leveille  
Dave Mitchell  
Felicia Murphy  
Charles Sharrow  
Philip "Smitty" Smith

**AUGUST ANNIVERSARIES**

Cindy & Jason Harris  
Linda & Bob Hyjek  
Jennifer & Dan Paradis  
Nancy & Charlie Peckham



# Summer Reading Program

Montgomery Library Presents

July 17 at 2 pm **Sing , Laugh and learn with Mr. Joe**

Join Mr. Joe in a high energy interactive concert.

[www.singlaughlearn.com](http://www.singlaughlearn.com)

Perfect for Ages 2 to 8.



July 19 at 1 pm **Ed the Wizard Blast Off!**

Build and launch air powered rockets. Test your piloting skills with flight accuracy and stunts. [Edthewizard.com](http://Edthewizard.com)

July 20 at 6 pm **Jay Makita returns with Maker Space** build a Rube Goldberg machine madness! Build mini-zip lines, screwbolt time-spirals, ball-drops, trajectory bouncers, lever-action direction changers, and yard-stick marble runs. Check out Jay's site at

[playfulearth.com/playfulengineers/](http://playfulearth.com/playfulengineers/)

July 24 at 6 pm Animal World Experience. LIVE Animal show.

[Animalworldexperience.com](http://Animalworldexperience.com)

July 26 Mary Jo Maichack's **Make it! Shake it! Take it!** Make musical instruments craft program and strike up the band! Come join the fun

Sign up before July 12 for events at the Library or by email: [montgomerylibrary@yahoo.com](mailto:montgomerylibrary@yahoo.com) with your child's name, age and contact info. FREE Book for attending any event and entry into the End of Summer Raffle & Reading Contest. Win BigE tickets and more!

For more information : 413-862-3894 or

[montgomerylibrary@yahoo.com](mailto:montgomerylibrary@yahoo.com)

Grace Hall Memorial Library at 161 Main Road, Montgomery

**SIGN UP TODAY! Space is limited**



# COUNCIL ON AGING

Serving the Citizens of Montgomery  
July/August 2018

## Calendar

**Tue – Jul 10 Coffee Hour – 10 a.m.**

**Fri – Jul 20 Lady Bea Boat Cruise**

**Tue – Jul 24 Coffee Hour – 10 a.m.**  
**Michele Ellicks**

**Tue – Aug 14 Coffee Hour – 10 a.m.**

**Tue – Aug 28 Coffee Hour – 10 a.m.**

## **Osteoporosis Exercise Class**

Suspended Until Fall

Check the September Breeze for startup date

## July Birthdays

Beulah Kidrick Martha Hoynoski  
Thomas Tyminski Thomas Pitoniak

## August Birthdays

Charles Sharrow Peter Brady

We are planning to hold our steak roast in early September. Date and time to be decided. We will post notices in August and display them in the senior room, library and outside the town office. Please make plans on joining us.



## **August is National Immunization Awareness Month**

Zodiac Sign – Cancer/Leo  
Zodiac Sign – Leo/Virgo

Flower – Water Lily/Delphinium  
Flower – Poppy/Gladiolus



## **LADY BEA BOAT CRUISE FRIDAY - JULY 20<sup>TH</sup> AT 1:00pm**

Enjoy a day time excursion on the Connecticut River. The 75-minute narrated cruise meanders up the Connecticut River from Brunelle's Marina to Northampton.

Tickets for Seniors are \$14. We have reserved only twenty-five seats and the COA will offset part of the cost for Montgomery seniors. Please call 862-3257 if you would like to join us.

## **Michele Ellicks Community Outreach Coordinator Registry of Motor Vehicles**

**Tuesday – July 24<sup>th</sup> at 10 a.m.  
Senior Room – Town Hall**

Michele Ellicks will hold a free workshop on how to renew a Massachusetts Driver's License or Massachusetts Identification (ID) card.

She will explain the new federal and state requirements for renewing your license or ID card, and the difference between a "Standard ID" and "Real ID" drivers licenses and ID cards.

Please join us on July 24<sup>th</sup> in the Senior Room. We will move the presentation to the Town Hall based on attendance.

Birthstone - Ruby  
Birthstone – Peridot/Spinel

## **PRINCIPLES FOR ATTAINING THE BEST POSSIBLE QUALITY OF LIFE FOR ALL INDIVIDUALS AS WE AGE**

Society cannot thrive or even survive without the continuous active participation of all people as they age. Each of us, both individually and collectively, has a stake in building an environment in which every person has an equal opportunity to participate in all aspects of civic life. We believe all adults, during each stage of the lifespan, should have the full and free enjoyment of these fundamental principles for aging well.

- To live in a society that understands the positive aspects of aging, recognizes the interdependence we rely upon to meet life's challenges, and values the intergenerational sharing of life, wealth, wisdom, caring and caregiving.
- To attain economic security through a combination of earning an adequate income, saving money over one's lifetime, and learning basic financial skills to avoid financial hazards and financial exploitation.
- To attain and sustain the best possible physical, cognitive, and mental health and have the opportunity to benefit from proven methods for maximizing and improving one's abilities, health and happiness.
- To reside in affordable housing suitably designed to accommodate the predictable changes in functional abilities we'll likely experience as we age.
- To exercise control over managing one's own life and participate in a wide range of civic, cultural, learning, spiritual and recreational opportunities for as long as possible.
- To have access to social assistance services, including protection against abuse and neglect, that can be readily provided in an efficient and appropriate manner for diverse populations.
- To have an adequate array of flexible, reliable transportation options.
- To have access to affordable long-term services and supports that can sustain individuals in the setting of their choice, including a consumer's full participation in managing services.
- To lend meaningful support to caregivers to preserve the beneficial impact caregiving has upon the caregiver, the person depending upon them and society at large.

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